

**TRAINING DECLARATION**

I wish to participate in the training provided by the Momiji-Ki training group. The dojo, all teachers, instructors, coordinators, other representatives, agents, servants, employees, persons in charge, or all of the afore-mentioned persons shall herein be referred to as the “organizers”. I hereby represent that I am physically and emotionally fit to engage in martial arts/self protection instructional training. I also acknowledge that the organizers are under no obligation to require me to prove my degree of health and fitness. I understand this training will include vigorous physical movement on my own part, on the part of my training partners, and with each other, with or without training equipment; and will expose me to bodily contact with training partners, others and/or training equipment; and will expose me to bodily injury. I hereby acknowledge that I understand that this activity is a combat art and will expose me to the risk of bodily injury. I give full consent to such activity. I further acknowledge that by participating in this activity, I will be exposing myself to the risk of personal injury arising out of possible negligence, unavoidable accident or otherwise, due to the very nature of this activity. I knowingly assume all risk of injury or other damages involved or associated with such activity, and I hereby waive all claims whatsoever that I or anyone else on my behalf may or could make with respect to such injury or damages.

If my conduct, actions or statements while participating in this activity are determined to be inappropriate or detrimental to the safety or well being of other participants, I shall willingly comply with the request of the Organizers that I remove myself from the activity and the area altogether. By signing this agreement, it is my stated intention to knowingly assume all risks involved in participating or attending this activity and release the Organizers from any responsibility or liability for injury I may sustain while participating or attending this activity. I understand and agree that the Organizers will not be liable for any injuries, damages etc. caused by or resulting from negligence and I covenant not to sue, nor any other party on my behalf, and waive and release the Organizers of this activity from any responsibility of personal injury to me. I will also acknowledge and obey all rules and regulations set out by the Organizers of this activity, and will not conduct myself in any manner which may cause injury or damage to myself, other participants, or equipment involved in this activity.

\_\_\_\_\_  
Participants Name

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Participants Signature

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship